

Name _____ Log for DAY 2; date _____ Period _____ Table _____

<i>What did I eat?</i>	<i>How much did I eat?</i>	<i>When did I eat?</i>	<i>Where did I eat?</i>	<i>Who was with me?</i>	<i>How did I eat?</i>
Breakfast					
Snack					
Lunch					
Snack					
Dinner					